## Saint Germain Affirmations and Mantras

I AM THAT I AM

I AM THE MANIFEST PERFECTION OF BEING

I AM LOVE

I AM LIGHT

I AM THE BUDDHA

I AM THE CHRIST

I AM THE WILL OF GOD...

I AM PROTECTED

I AM WISDOM

I AM HEALED

I AM PURE

I AM COMPLETE

I AM WHOLE...

THE LIGHT OF GOD NEVER FAILS, AND MY BELOVED MIGHTY I AM PRESENCE IS THAT LIGHT! 3x

MIGHTY I AM PRESENCE, TAKE FULL COMMAND OF EVERY SITUATION! 3x

AUM MANI PADME HUM 9x (OH PRAISE TO THE JEWEL IN THE HEART OF THE LOTUS) pronounced (ohm, mah-nay, pahd-may, hum)

I AM A BEING OF VIOLET FIRE, I AM THE PURITY GOD DESIRES. 3x

FOREVER FORGING FORTH FREEDOM'S FIREY, FLAWLESS FORGIVENESS FLAME!

LORD MICHAEL BEFORE, LORD MICHAEL BEHIND, LORD MICHAEL TO THE LEFT, LORD MICHAEL TO THE RIGHT, LORD MICHAEL ABOVE, LORD MICHAEL BELOW, LORD MICHAEL, LORD MICHAEL, WHEREVER WE GO! 1x I AM HIS LOVE PROTECTING HERE. 3x

BELOVED IAM PRESENCE BRIGHT, ROUND ME SEAL YOUR TUBE OF LIGHT! 3x

MICHAEL, VIOLET, TUBE OF LIGHT, 3x FOR MYSELF, THE PLANET, AND THE COSMOS! 3x

I AM THE VIOLET LIGHT, I AM THE VIOLET RAY, I AM THE VIOLET FIRE, I AM THE VIOLET FLAME! 3x

## I AM FOREVER POLISHING THE DIAMOND OF CONSCIOUSNESS!

And in full faith I consciously accept this manifest, manifest, manifest. Right here and now, with full power, eternally sustained, all powerfully active, ever expanding, and world enfolding, until all are wholly, ascended, in the light, and free. Beloved I AM, Beloved I AM, Beloved I AM.

Namaste, Shalom, Ahimsa, Selah, Inlakech, Enshallah, Aho, Om, Peace...

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## **Pleasant Reminders:**

- \* Prayers recited in multiples of 3 increase, amplify and magnify the prayer. Rhythm, tempo and acceleration (saying faster) also magnify the prayer.
- \* Each prayer is only sustained in frequency for 24 hours, so it is important to say something (outloud) every day, so we maintain sustainment...eternal blessings...